

Nottingham City Council

Nottingham City Health and Wellbeing Board

Minutes of the meeting held at Loxley House, Nottingham on 25 September 2024 from 1.31 pm - 3.21 pm

Voting Members		
✓	Nottingham City Council's Portfolio Holder with a remit covering Health	Councillor Pavlos Kotsonis (Chair) Executive Member for Adults Social Care & Health
✓	Nottingham City Council's Portfolio Holder with a remit covering Children's Services	Councillor Cheryl Barnard Executive Member for Children, Young People & Education
	Two further Nottingham City Councillors	Councillor Sam Lux
✓		Councillor Saj Ahmad
	Two representatives of the NHS Nottingham and Nottinghamshire Integrated Care Board	Dr Dave Briggs Medical Director
		Lucy Dadge Director for Integration
✓	Two representatives of the Nottingham City Place-Based Partnership	Dr Husein Mawji (Vice Chair) Clinical Director
✓		Rich Brady Programme Director
✓	Corporate Director for Children and Education Services, Nottingham City Council	Ailsa Barr (substitute for Jill Colbert) Director of Children's Integrated Services
	Director for Adult Health and Social Care, Nottingham City Council	Roz Howie
✓	Director for Public Health, Nottingham City Council	Lucy Hubber
✓	Representative of the Healthwatch Nottingham and Nottinghamshire Board	Sarah Collis Chair
Non-Voting Members		
✓	Representative of the Nottingham University Hospitals NHS Trust	Tim Guyler Assistant Chief Executive
	Representative of the Nottinghamshire Healthcare NHS Foundation Trust	Jan Sensier Executive Director of Partnerships and Strategy
	Representative of the Nottingham CityCare Partnership	Lou Bainbridge Chief Executive
	Representative of Housing Services, Nottingham City Council	Geoff Wharton Director of Housing
✓	Representative of Nottinghamshire Police	Chief Inspector Karl

		Thomas (substitute for Superintendent Chris Pearson)
	Representative of the Department for Work and Pensions	Jean Sharpe
✓	Representative of Nottingham Universities	Sally Olohan Director of Student Experience
✓	Representative of Nottinghamshire Fire and Rescue Service	Amy Goulden (substitute for Damien West) Head of Community Safety and Engagement
✓	Up to two individuals representing the interests of the Third Sector	Jules Sebelin Chief Executive, Nottingham Community and Voluntary Service
✓		Charlotte Thrussell, CEO, Disability Support Nottingham
✓	Chief Executive, Nottingham City Council	Sajida Rose

Colleagues, partners and others in attendance:

- Karla Banfield - Interim Deputy Director of Commissioning & Partnerships, Nottingham City Council
- Amy Callaway - Assistant Director of Quality, Transformation and Head of Integrated Mental Health Commissioning, Nottingham and Nottinghamshire Integrated Care System
- Nancy Cordy - Head of Strategy and Service Improvement, Nottingham City Council
- David Johns - Consultant in Public Health, Nottingham City Council
- Phil Wye - Governance Officer, Nottingham City Council

16 Membership

Resolved to note that Jill Colbert has been appointed as the Corporate Director for Children and Education Services (incorporating the role of Director of Children’s Services) at Nottingham City Council, and that Sajeeda Rose has been appointed as the Chief Executive of Nottingham City Council.

17 Apologies for Absence

- Lou Bainbridge
- Jill Colbert (sent substitute)
- Lucy Dadge
- Roz Howie
- Councillor Sam Lux
- Superintendent Chris Pearson (sent substitute)

Jan Sensier
Jean Sharpe
Damien West (sent substitute)

18 Declarations of Interests

In the interests of transparency Councillor Saj Ahmad stated that she works for NHS England, and Councillor Pavlos Kotsonis declared that he is part of the Nottingham Financial Resilience Partnership and chairs the Age Friendly Nottingham Steering Group.

19 Minutes

Subject to changing the title of Councillors Barnard and Kotsonis from Portfolio Holder to Executive Member, the Board confirmed the minutes of the meeting held on 29 May 2024 as a correct record and they were signed by the Chair.

20 Age Friendly Nottingham Annual Report - September 2023 - September 2024

David Johns, Consultant in Public Health, presented the report recapping on the last year of participation and achievements and forming part of the local 2024 International Day of Older People's Day celebrations, which are held from 1st October each year, highlighting the following:

- (a) the refreshed Age Friendly Nottingham (AFN) Charter was relaunched on 3rd October reinforcing the commitment of older residents having fulfilled lives, feeling valued by all sections of society, living as independently as possible and being encouraged to contribute to their local communities;
- (b) following a citywide survey consultation on what was important to women about their health and wellbeing across the life course, two members of AFN participated in a discussion about the health, wellbeing and needs of women aged sixty-five plus;
- (c) AFN and Nottingham City Libraries joined forces to create a programme of events for anyone interested in finding out more about dementia, the support available locally and current research into dementia on the 14th May 2024;
- (d) AFN has recently relaunched Take a Seat, via ward Councillors, recruiting premises within their local area to offer a seat to an older or vulnerable person, without charge, and it is hoped Nottingham will once again see participation from supermarkets to hairdressers and public buildings to cafes.

The following comments were made during the discussion which followed:

- (e) involvement and listening to the older population of the city when developing programmes and projects is important, with clear communication and accessibility being key;

- (f) AFN makes every effort to reach all cultural communities of the city and to be as representative as possible;
- (g) eligible citizens should be encouraged to claim their pension credit so that they can get winter fuel payments. There are drop-in clinics available;
- (h) solutions need to be investigated for older LGBTQ residents' housing needs as there are often barriers.

Resolved to

- (1) note the action and achievements of Age Friendly Nottingham between September 2023 and September 2024;**
- (2) consider how Health and Wellbeing members can support and contribute to Age Friendly Nottingham achieving its charter pledges and future priorities;**
- (3) receive future reports from the Age Friendly Nottingham on an annual basis.**

21 Nottingham & Nottinghamshire Integrated Mental Health Pathway Strategic Plan 2024/25-2026/27

Amy Callaway, Head of Integrated Mental Health Commissioning, Nottingham and Nottinghamshire Integrated Care System, presented the Integrated Mental Health Pathway Strategic Plan which sets out the plan to achieve an integrated inpatient mental health pathway that delivers local, inclusive, safe, personalised, and therapeutic care to meet the needs of adults in Nottingham and Nottinghamshire, highlighting the following:

- (a) the strategic plan aims to ensure the right care is being delivered, in the right place, at the right time, and in the least restrictive environment for local people. Under the strategy there will be a focus on supporting people to live well in their local communities with the building blocks of good mental health in place to maintain positive mental health and resilient communities;
- (b) should a patient need a stay in hospital, all partners who make up the Nottingham and Nottinghamshire Integrated Care System, will work together to ensure they receive good quality care and return to the place they call home as soon as possible where appropriate support will be in place;
- (c) this strategic plan has been developed by working with all system partners across health, local authorities and the voluntary sector, as well as working with people with lived experience as equal partners, to develop a whole system approach.

The following comments were made during the discussion that followed:

- (d) children and young people are not directly involved in this plan, as their element will follow next year. However, transition is important so the plans will be strongly linked;

- (e) the student population in the city will have a significant perspective to offer and the universities could provide an opportunity for discussion;
- (f) physical health is closely linked to mental health and will be picked up as part of the plan's delivery with integrated in-patient care;
- (g) access to funding for partners will be through the governance of the Programme Board, via the ICB Committee.

Resolved to

- (1) note the Nottingham & Nottinghamshire's Integrated Mental Health Pathway Strategic Plan 2024/25-2026-27;**
- (2) receive reports regarding progress of the strategic plan delivery on an annual basis**

22 Joint Health and Wellbeing Strategy Delivery Update

Rich Brady, Programme Director, Nottingham City Place Based Partnership, presented the penultimate delivery update report prior to the final Joint Health and Wellbeing Strategy (JHWS) 2022-25 report. The report provides an overview of delivery progress of the four JHWS programmes in the last reporting period, highlighting success, challenges and areas of focus for the final six months of the Strategy. Rich highlighted the following:

- a) activity undertaken as part of the Smoking and Tobacco Control, Eating and Moving for Good Health and Severe and Multiple Disadvantage programmes is generally progressing in line with agreed delivery plans and the programmes are currently reporting no significant risks associated with their delivery plans;
- b) as previously reported, the context that surrounds the Financial Wellbeing programme has made it extremely challenging to deliver this programme at the pace and scale that was originally anticipated – this programme is not expected to deliver on its original ambitions by the end of this Strategy;
- c) good progress has been made over the past two and a half years, and there are indications that the programmes are having a positive impact, however it is unlikely that we will see meaningful impact for some time, as set out in the 10-year visions for some of these programmes. It is therefore important that a level of commitment is maintained for these programme areas beyond this Strategy.

Resolved to note the update provided by the Nottingham City Place-Based Partnership Programme Oversight Group.

23 Updating the Joint Local Health and Wellbeing Strategy for Nottingham

Nancy Cordy, Head of Strategy and Service Improvement, presented the report setting out an update on the proposed direction of travel in order to continue towards agreeing an updated Joint Local Health and Wellbeing Strategy (JLHWS) for Nottingham in February 2025, highlighting the following:

- (a) the updated JHLWS will include four priorities, three of which have strong existing foundations and supporting structures. Consideration has also been given to whether there are additional areas or issues which should be included as priorities in the updated JLHWS. This has been weighed against the criteria for priorities previously agreed by the Board, following agreement that priorities should be focused and limited in order to both ensure that they could be resourced appropriately, but also to ensure that being identified attracted the required system recognition of its importance for collective attention and effort;
- (b) it is proposed that the financial wellbeing priority be refocused, with a specific focus on work and health, which could provide a better platform to make positive progress which would have an impact on the health and wellbeing of Nottingham's communities. A local area's employment rate correlates to how many years people can expect to live in good health, and in places with higher economic inactivity people are more likely to have a lower healthy life expectancy;
- (c) a refreshed review suggests the possible inclusion of alcohol-related harm in an updated JLHWS. Alcohol use is identified as the 6th highest risk factor leading to poor health and death in Nottingham. Nottingham has high and worsening rates of alcohol-related mortality (including under 75 mortality rate from alcohol liver disease) and the highest rates of hospital admission for alcohol specific/related conditions in the East Midlands region;
- (d) informal stakeholder engagement has identified two additional potential priority areas for further consideration and refinement which are: best start/early years, and housing and health. It is well established that what happens in pregnancy and early childhood impacts on an individual's physical and mental health outcomes all the way through to adulthood, and it is also well understood that the condition and nature of homes, including factors such as stability, space, tenure and can have a big impact on people's live, influencing their health and wellbeing;
- (e) in addition to the four JLHWS delivery programmes the Nottingham City Place-based Partnership runs two cross-cutting programmes; mental health and race health inequalities. It is suggested that there is a clear expectation and framework for ensuring that these cross-cutting programmes are considered and inform the delivery plans of the priorities which are included in the final updated JLHWS.

Resolved to

- (1) note and approve the direction of travel for the updated JLHWS for Nottingham (2025/26 onwards);**
- (2) agree (in principle) to the continued inclusion of smoking and tobacco control, eating and moving for good health, and severe multiple disadvantage as priorities in the updated JLHWS for Nottingham (with updated delivery plans as required);**
- (3) agree that stakeholder and community engagement can commence on the suggested reshaped/new priorities (work and health, housing and health alcohol related-harm, best start/early years) to inform a**

recommendation/decision as to their inclusion in the updated JLHWS for Nottingham;

- (4) note the intention to review the delivery mechanism for priority programmes to ensure it continues to be fit for purpose;**
- (5) note the intention to give greater focus to both the existing cross-cutting programmes and the relationship between priorities in the updated JLHWS and associated delivery plans.**

24 Better Care Fund: Retrospective ratification of 23/24 End of Year Reporting, the 24/25 Delivery Plan and Q1 Reporting

Karla Banfield, Interim Deputy Director of Commissioning & Partnerships, presented the report. Through pooling budgets, the Better Care Fund supports the commissioning of person-centred health and social care services which achieve improved patient and service user experiences and outcomes.

Resolved to

- (1) retrospectively approve the 23/24 Nottingham City Better Care Fund Annual Return;**
- (2) retrospectively approve the 24/25 Nottingham City Better Care Fund Delivery Plan;**
- (3) retrospectively approve the Q1 Nottingham City Better Care Fund monitoring return**

25 Joint Health Protection Board Update

Lucy Hubber, Director of Public Health, provided a verbal update and highlighted the following:

- (a) the board had a deep dive into air pollution, including improvements on the relationship between wider council actions and health protection;
- (b) the Board received an update on planned delegation of immunisation screenings down to Integrated Care Boards. This is a complex area and will take another year, but will bring huge benefits with available data;
- (c) measles rates are significantly down and heading back towards normal levels. Extensive work has been done on improving MMR and general immunisation levels, so it is disappointing to see that rates are not improving despite this. This is a national trend;
- (d) no cases of M Pox have been reported yet in the UK but preparations are already being made, with the main priority to get the most vulnerable immunised.

26 Board Member Updates

In addition to the written updates, the following information was provided by Board members:

- (a) following the departure of Mel Barrett, the new lead for the Place Based Partnership is Tim Guyler;
- (b) the City Council's most recent Ofsted monitoring visit letter has been published on the council website;
- (c) Nottinghamshire Fire and Rescue Service (NFRS) has just had an inspection and was rated good. A new Prevention structure is in place and NFRS will be engaging with partners;
- (d) The Place Based Partnership has been nominated for a Health Journal award for its work on Severe Multiple Disadvantage.

27 Work Plan

The work plan was noted.

28 Future Meeting Dates

The future meeting dates were noted.